

Month	Periods	Lesson	Teaching Aids And Methodology	Activities(Based on experiential learning)	Skills	Assessment	Learning Outcome
APRIL	20	Poem – Two Little Hands	Poem Recitation with action (Demonstration Method) Videos	Integration with Arts – Handprint Art Integration with Dance – Poem – Two Little Hands	Reasoning ability	Reading Assessment	Able to recite poem
		Lesson – Catch me if you can	Loud reading (Drilling Method) (Phonics Approach) Whole Word Approach	Role Play	Social adaptability	Dictation	Able to identify the characters of the story
		Grammar- Rhyming words	Worksheets and Smart Board (Blended Learning)	Rhyme Hunt			Able to read fluently
		Singular – Plural	Flash cards Live examples with real objects (Activity Based Method)	Thumbs up, Thumbs down (Singular / Plural)	Quickness of decision	Grammar test on worksheet	Able to improve vocabulary
		Is / am / are	3D Charts (Explanation Method)	Integration with Phy.Edu. – Hopscotch	Cooperation		Able to identify singular and plural nouns
							Able to frame correct sentences
							Able to use helping verbs in own writing and speaking

MAY	24	Poem – Hop a little	Poem recitation with action (Demonstration Method) Videos	Integration with Phy.Edu. – Poem – Hop a little (Knowledge of action words)	Power of expression	Framing sentences	Able to talk about self/ pictures
		Lesson – The Sparrow Family	Loud Reading (Demonstration Method) (Phonics Approach)	Integration with Art- Draw a bird and paste feathers on it	Organising ability	Reading Assessment	Able to read fluently
		Grammar – Articles – a / an	Real objects (Activity Based Method)	Object sorting Let's Do and Learn	Initiative	Dictation	Able to identify vowel sounds
		Punctuation	Learning by doing	Punctuation Detective	Self confidence		Able to differentiate between small and capital letters
		Picture Description (Animals)	PPTs Videos (Pictures of various animals)	Animal Charades	Stamina	Speaking Assessment	Able to frame sentences

JUNE - SUMMER VACATION

JULY	15	Poem – My Family	Poem recitation with action (Demonstration Method) Videos	Puppet Theatre (Role Play)	Reasoning skills	Reading Assessment	Able to develop feeling of love and care for others
		Lesson – The Capseller and The Monkeys	Loud Reading (Demonstration Method) (Drilling Method)	Five – finger retell Role – play	Initiative	Dictation	Able to read fluently Able to improve vocabulary
		Picture Comprehension	Pictures of different places and rooms (Observation Method)	Create a story Memory Challenge	Critical thinking	Worksheet on Picture Comprehension	Able to develop writing skills.
		Composition – My Mother My Father	Discussion Method	Me and mike activity		Speaking Assessment	Able to develop correct pronunciation
		Rearrange the jumbled sentences	Word Cards (Playway Method)	Jumble n Mumble	Problem solving		Able to understand the basic order of the words in a sentence

AUGUST	24	Poem – Five Little Monkeys	Poem recitation with action (Demonstration Method) Videos	Integration with music- Recitation of poem	Liveliness	Speaking Assessment	Able to identify action words Able to improve vocabulary
		Lesson – Animals And Birds	Loud Reading (Demonstration Method) (Drilling Method)	Integration with Art- Draw and colour a peacock Sorting of Domestic and wild animals	Effective intelligence	Framing sentences Reading Assessment	Able to improve reading and writing skills Able to identify domestic and wild animals
		Seen Comprehension	Worksheets Black board (Demonstration Method)	Guessing Game Listen and answer Question Ball	Power of expression Critical Thinking	Dictation	Able to improve thinking skills Able to participate in discussions

Sept.	25	Grammar - Naming words	<p>Live Examples</p> <p>Pictures of different naming words</p> <p>Smart Board</p> <p>Nature Walk (Play way Method) (Discussion Method)</p>	<p>Visit to a school garden / playground</p> <p>Nouns Express</p> <p>Classification of naming words</p> <p>Noun Hunt</p>	<p>Creative Thinking</p> <p>Decision Making</p> <p>Reasoning Skills</p>	<p>Listening Assessment</p> <p>Worksheet on naming words</p>	<p>Able to identify naming words</p> <p>Able to frame sentences</p> <p>Able to classify names of persons, places, things and animals</p>
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OCT.	22	<p>Poem - Butterflies</p> <p>Lesson – A visit to the market</p> <p>Position Words</p> <p>Was / were</p> <p>Comprehension (unseen)</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Picture description (Demonstration Method) Loud reading (Drilling Method)</p> <p>Live Examples Smart Board (Demonstration Method) (Learning by doing)</p> <p>3D Charts (Explanation Method)</p> <p>Discussion Method</p> <p>Worksheets Black board (Demonstration Method)</p>	<p>Speaking activity Integration with Art – Thumb painting (Butterfly)</p> <p>Buying and Selling Activity</p> <p>Picture Story</p> <p>Simon Says</p> <p>Follow the instructions and create a picture</p> <p>Integration with Phy. Edu. - Hopscotch</p> <p>Read and answer</p> <p>Question Ball</p>	<p>Self confidence</p> <p>Reasoning Ability</p> <p>Organising ability</p> <p>Critical Thinking</p> <p>Problem Solving</p>	<p>Reading Assessment</p> <p>Dictation</p> <p>Framing sentences</p> <p>Worksheet on Grammar topics</p> <p>Listening Assessment</p>	<p>Able to comprehend the text</p> <p>Able to develop speaking skills</p> <p>Able to connect with real world scenario</p> <p>Listens to instructions and draws a picture</p> <p>Able to use prepositions like in, on, under etc</p> <p>Able to write simple, short sentences</p> <p>Able to enhance vocabulary</p> <p>Able to develop writing skills</p>
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NOV.	24	<p>Poem –Fruits for all</p> <p>Lesson – The Four Seasons</p> <p>Composition – My School Bag My Pencil Box</p> <p>Genders</p> <p>Comprehension Passage (unseen)</p>	<p>Videos Poem recitation with action (Demonstration Method)</p> <p>Picture description (Demonstration Method) Loud reading (Drilling Method)</p> <p>Worksheets Black board Course book (Demonstration Method)</p> <p>Live examples Smart - Board</p>	<p>Integration with dance- Poem – Fruits for all</p> <p>Create a story</p> <p>Scavenger Hunt</p> <p>Speaking Activity</p> <p>Gender Nouns Sorting Activity</p>	<p>Determination</p> <p>Confidence</p> <p>Stamina</p> <p>Courage</p> <p>Self awareness</p>	<p>Assessment on speaking and listening</p> <p>Complete the paragraph with the correct words</p> <p>Reading Assessment</p>	<p>Able to recite poem with action</p> <p>Able to identify different fruits</p> <p>Able to describe each season using simple sentences</p> <p>Able to develop writing skills</p> <p>Able to identify and differentiate between ‘He’ or ‘She’ words</p> <p>Able to respond to comprehension questions</p>
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DEC.	23	Poem – Pitter Patter	Poem recitation with action (Demonstration Method) Videos	Integration with Dance – Poem recitation with actions	Power of expression		Able to recite poem
		Opposites	Flash cards Live Examples (Collaborative Learning)	Pairing Game Opposite Actions	Reasoning ability	Poem Recitation	Able to compare two different things
		Has / Have	3D Charts (Explanation Method)	Integration with Phy. Edu. - Hopscotch	Effective intelligence	Reading Assessment	Able to improve vocabulary
		Comprehension Passage (Unseen)	Worksheets Black board Course book (Demonstration Method)		Fine motor skills	Worksheet on unseen comprehension passage	Able to respond to comprehension questions

JAN.	15	Poem - Rain	Poem recitation with actions (Demonstration Method) Videos	Integration with Music - Recitation of Poem	Stamina	Reading Assessment	Develops empathy
		Lesson – Anandi’s Rainbow	Chart of rainbow (Demonstration Method) Loud reading (Drilling Method)	Integration with Art – Draw and colour any five things you see in the sky Five Finger Retell	Organising ability	Dictation	Identifies characters and sequence of a story Able to identify colours
		Comprehension Passage (Unseen)	Worksheets Blackboard (Demonstration Method)	Word Hunt Retell a story	Effective communication	Worksheet on unseen comprehension passage	Able to improve vocabulary

FEB	20	G.B. – Action words	Flash cards (Demonstration Method) Pictures showing different actions (Activity Method)	Integration with Phy. Edu. – Action words Sentence Building Act it out	Ability to influence the group Power of expression	Worksheet on Grammar topics Picture composition on action words	Able to identify action words
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पुस्तक - सोन चिरैया		विषय - हिंदी			कक्षा – प्रथम		
मास	कालांश	पाठ्यक्रम	सहायक सामग्री तथा शिक्षक कार्यप्रणाली	गतिविधियाँ (प्रायोगिक ज्ञान पर आधारित)	कौशल	मूल्यांकन	ज्ञानार्जन
अप्रैल	20	ओ ,औ की मात्राओं का अभ्यास व्याकरण - वचन बदलो कविता –बिल्ली	पाठ्यपुस्तक द्वारा शब्दों व चित्रों की पहचान , विभिन्न चित्रों द्वारा मात्राओं का स्पष्टीकरण प्रोजेक्ट के माध्यम से व्याकरणिक विषयों की जानकारी फ्लैश कार्ड	वर्ग पहेली, स्वरमाला, मात्राएँ व व्यंजन पहचान, सामूहिक चर्चा कविता (नृत्य के साथ एकीकृत)	सोचने की क्षमता श्रवण कोशल आत्म जागरुकता सोचने की क्षमता अभिव्यक्ति कौशल	चित्रों द्वारा शब्दों की पहचान व सही उच्चारण श्रुतलेख कविता गायन	मात्राओं की ध्वनि के आधार पर शब्दों का सही उच्चारण व लिखने की क्षमता, वर्णमाला के अक्षरों की आकृति और ध्वनि की पहचान करवाना श्रुतलेख के माध्यम से शुद्ध वर्तनी का प्रयोग करना सीखेंगे। बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे। व्याकरणिक विषयों द्वारा बच्चों का बौद्धिक विकास

मई	25	<p>अं , अँ मात्राओं का अभ्यास</p> <p>व्याकरण - लिंग बदलो</p> <p>कविता – गुब्बारे</p>	<p>पाठ्यपुस्तक द्वारा भावपूर्ण वाचन, फ्लैश कार्ड</p> <p>चित्रों द्वारा शब्दों व मात्राओं की पहचान मात्राओं से संबंधित माड्यूल दिखाया जाएगा ।</p> <p>प्रोजेक्टर एवं श्यामपट्ट के माध्यम से</p> <p>व्याकरणिक विषयों की जानकारी देना ।</p>	<p>मात्रा की यात्रा</p> <p>वर्ग पहेली</p> <p>रंगों द्वारा</p> <p>कविता (कला के साथ एकीकृत)</p>	<p>श्रवण कौशल</p> <p>सोचने की क्षमता</p> <p>सृजनात्मक सोच</p> <p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p>	<p>श्रुतलेख</p> <p>शब्दों का सही उच्चारण</p> <p>पुस्तक वाचन</p> <p>कविता गायन</p>	<p>श्रुतलेख के माध्यम से शुद्ध वर्तनी का प्रयोग करना सीखेंगे।</p> <p>मात्राओं की ध्वनि में अंतर समझना व उच्चारण सुदृढ़ बनाना</p> <p>चित्रों को स्वयं की अभिव्यक्ति का माध्यम बनाना</p> <p>व्याकरणिक विषयों का ज्ञान</p> <p>बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे।</p>
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जुलाई	15	<p>ऋ मात्रा का पठन,</p> <p>व्याकरण- विलोम शब्द</p> <p>कहानी - चुमचुम जाग गई पुस्तक से (मौखिक)</p>	<p>पाठ्यपुस्तक द्वारा शब्दों का सुनना सुनाना , पठन</p> <p>मात्राओं से संबंधित अतिरिक्त पुस्तक व माड्यूल</p> <p>चार्ट व चित्रों द्वारा कहानी का अभ्यास करवाया जाएगा</p>	<p>वर्ग पहेली</p> <p>वाक्य संरचना</p> <p>विलोम शब्द (शारीरिक शिक्षा से एकीकृत)</p> <p>कहानी (संगीत के साथ एकीकृत)</p>	<p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p> <p>सोचने की क्षमता</p> <p>श्रवण कौशल</p>	<p>पुस्तक वाचन</p> <p>मौखिक और लिखित परीक्षा</p> <p>मूल्यपरक कहानी</p>	<p>उच्चारण सुदृढ़ बनाना</p> <p>शब्दों का स्पष्ट व शुद्ध उच्चारण करवाया जाएगा</p> <p>चित्रों को स्वयं की अभिव्यक्ति का माध्यम बनाना</p> <p>अपनी भाषा में अपनी बात कहने और करने की आजादी</p>
अगस्त	22	<p>पाठ 19 मीठे बोल</p> <p>पाठ - 20 माँ और मेघा</p> <p>व्याकरण - फल और सब्जियाँ</p>	<p>पाठ्य पुस्तक द्वारा भावपूर्ण वाचन व चित्रों के माध्यम से पाठ्य पठन, फल व सब्जियाँ दिखाते हुए उनका महत्व बताना</p>	<p>वार्तालाप गतिविधि विभिन्न आकृतियों द्वारा</p> <p>सामूहिक चर्चा</p>	<p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p>	<p>मौखिक व लिखित परीक्षा</p> <p>श्रुतलेख पुस्तक वाचन प्रश्नोत्तरी</p>	<p>बच्चों को मीठी बोली बोलने की प्रेरणा देना दूसरों की बातों का रुचि के साथ अध्ययन करना फल व सब्जियों का महत्व</p> <p>हमारे जीवन में माँ का सर्वश्रेष्ठ योगदान</p>

सितंबर	20	पाठ 22 खरगोश ने रंग लगाया रंगों के नाम अनुच्छेद - आम	चित्रों व रंगों के माध्यम से पाठ्य पठन संबंधित चित्र दिखाते हुए वाक्य पूछना	खेल के माध्यम से रंगों की पहचान (शारीरिक शिक्षा के साथ एकीकृत) फलों की महत्त्व	श्रवण कौशल सोचने की क्षमता अभिव्यक्ति कौशल कल्पना शक्ति	पाठ्य पठन प्रश्नोत्तरी वाक्यों को संग्रहित करके निबंध रूप में लिखना	हमारे पास जो भी है, हमें उसी में संतोष करना सुनी और पढ़ी गई बातों को समझ कर अपने शब्दों में कहना और लिखना
अक्टूबर	20	पाठ -23 आदत सुधर गई कविता - तितली व्याकरण - अशुद्ध शुद्ध	पुस्तक वाचन , चित्रों व पाठ्य पुस्तक द्वारा प्रोजेक्टर के माध्यम से	स्वयं की अच्छी आदतों के बारे में बताना अनुशासन में रहते हुए खेल संबंधी नियम (शारीरिक शिक्षा के साथ एकीकृत) तितली का चित्र बनाकर उसमें रंग भरना(कला के साथ एकीकृत)	निर्णय लेने की क्षमता आत्मविश्वास बौद्धिक विकास	पुस्तक वाचन प्रश्नोत्तरी लिखित व मौखिक परीक्षा कविता गायन	जीवन में अच्छी आदतों को अपनाना , अनुभवों और जानकारी का इस्तेमाल करते हुए अनुमान लगाना बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे।

नवंबर	22	<p>पाठ -25 गुलाब ने कहा</p> <p>गिनती १- १० तक अंकों व शब्दों में,</p> <p>संज्ञा छाँटो,</p> <p>लिंग बदलो,</p> <p>अनुच्छेद - गाय, घोड़ा</p> <p>कविता - चिड़ियाघर</p>	<p>विषय वस्तु को सुदृढ़ बनाना पाठ का सुनना व सुनाना</p> <p>पुस्तक वाचन</p> <p>संबंधित चित्र दिखाते हुए वाक्य पूछना</p>	<p>बच्चों को स्कूल के बगीचे का भ्रमण करवाना</p> <p>गिनती का ज्ञान (शारीरिक शिक्षा के साथ एकीकृत)</p> <p>मेरा रंगीला समंदर</p>	<p>सामाजिक अनुकूलन शीलता</p> <p>अभिव्यक्ति कौशल</p> <p>सोचने की क्षमता</p>	<p>मौखिक व लिखित परीक्षा</p> <p>प्रश्नोत्तरी</p> <p>वाक्यों को संग्रहित करके निबंध रूप में लिखना</p> <p>प्रश्नोत्तरी</p>	<p>पेड़ पौधों को कभी ना तोड़ना व अधिक से अधिक पेड़ लगाना दिए गए विषय पर अपने शब्दों में लिखना</p> <p>व्याकरणिक विषयों का ज्ञान</p> <p>विभिन्न विराम चिन्हों का समझ के साथ प्रयोग करना</p> <p>चित्रों के माध्यम से अनुमान लगाना</p>
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दिसंबर	22	<p>पाठ - 26 कल वाली बात</p> <p>व्याकरण - जानवरों व पक्षियों के नाम</p> <p>चित्र वर्णन</p> <p>कविता - बिल्ली और दिल्ली</p>	<p>पुस्तक वाचन</p> <p>चित्रों व मॉड्यूल के माध्यम द्वारा प्रश्नोत्तरी</p> <p>श्यामपट्ट पर चित्र बनाकर प्रश्नोत्तरी</p>	<p>खेल खेल में बच्चों द्वारा पक्षियों व जानवरों की आवाज का अनुसरण करना</p> <p>वार्तालाप विधि</p> <p>कविता (नृत्य के साथ एकीकृत)</p>	<p>जिम्मेदारी की भावना</p> <p>प्रभावी बुद्धि का विकास</p> <p>बौद्धिक विकास</p> <p>सामाजिक अनुकूलन शीलता</p>	<p>श्रुतलेख</p> <p>मौखिक व लिखित परीक्षा</p> <p>प्रश्नोत्तरी</p>	<p>विभिन्न विराम चिन्हों का समझ के साथ प्रयोग करना</p> <p>चित्रों के माध्यम से अनुमान लगाना</p> <p>जानवरों व पक्षियों के बारे में जानकारी भाषा में निहित ध्वनियों और शब्दों के साथ खेलने का आनंद लेना</p> <p>व्याकरणिक विषयों की जानकारी</p>
जनवरी	15	<p>पठित गद्यांश</p>	<p>पुस्तक के दवारा व् श्यामपट्ट पर लिखकर पठन करना</p> <p>चिंतन प्रक्रिया</p>	<p>सामूहिक चर्चा</p>	<p>सोचने की क्षमता</p> <p>सृजनात्मक सोच</p>	<p>मौखिक व लिखित परीक्षा</p>	<p>घर और विद्यालय की भाषा के बीच संबंध बनाना</p> <p>शब्दकोष में वृद्धि</p>

फरवरी	15	<p>अनेक शब्दों के लिए एक शब्द</p> <p>पाठ व व्याकरण से संबंधित पुनरावृत्ति</p>	प्रोजेक्टर के माध्यम से	पाठ्य पुस्तक में से अनेक शब्दों के लिए एक शब्द ढूँढना	<p>सोचने की क्षमता निर्णय लेने की क्षमता सामाजिक अनुकूलन शीलता</p>	प्रश्नोत्तरी	शब्दकोष में वृद्धि
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ਵਿਸ਼ਾ – ਪੰਜਾਬੀ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਅਪ੍ਰੈਲ	10	ੳ ਤੋਂ ਙ ਕਵਿਤਾ (ਅਰਦਾਸ)	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ ਵਿਚਾਰਵਟਾਂਦਰਾ ਬ੍ਰਲੈਕਬੋਰਡ ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਅੱਖਰਾਂ ਤੇ ਚਿੱਤਰਾਂ ਨਾਲ ਸਬੰਧਿਤ ਮੇਲ ਮਿਲਾਓ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ ਚਿੱਤਰ ਪਛਾਣ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖੋ ਸੰਗੀਤ ਨਾਲ ਏਕੀਕ੍ਰਿਤ	ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ ਉੱਚੀ ਅਵਾਜ਼ ਵਿੱਚ ਸਮੂਹਿਕ ਕਵਿਤਾ ਉਚਾਰਨ	ਸੁਲੇਖ, ਚਿੱਤਰ ਪਛਾਣੋ ਕਵਿਤਾ ਉਚਾਰਨ	ਅੱਖਰਾਂ ਦੀ ਪਛਾਣ ਆਪਸ ਵਿੱਚ ਮਿਲਜੁਲ ਕੇ ਰਹਿਣ ਦੀ ਮਹੱਤਤਾ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਮਈ	16	ਚ ਤੋਂ ਵ	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ, ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਅਤੇ ਸੰਬੰਧਿਤ ਚਿੱਤਰ	ਵਰਨਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਵਿੱਚ ਲਿਖ ਕੇ ਪੂਰਾ ਕਰੋ ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬ ਬਾਰ ਲਿਖਣਾ	ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ	ਸੁਲੇਖ , ਮੇਲ ਮਿਲਓ,ਚਿੱਤਰ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਲਿਖੋ	ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ
ਜੁਲਾਈ	8	ਟ ਤੋਂ ਠ	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ, ਸੰਬੰਧਿਤ ਚਿੱਤਰ, ਵਿਚਾਰਵਟਾਂਦਰਾ	ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬਬਾਰ ਲਿਖਣਾ, ਭੁਲਾਵੇਂ ਅੱਖਰਾਂ ਨੂੰ ਪਹਿਚਾਣਨਾ	ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ	ਸੁਲੇਖ, ਕਾਰਜਸ਼ੀਟ	ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ
ਅਗਸਤ	13	ਕਵਿਤਾ – ਅੱਖਰ ਗੀਤ	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਨਾਚ ਨਾਲ ਏਕੀਕ੍ਰਿਤ	ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ,	ਕਵਿਤਾ ਉਚਾਰਨ	ਅੱਖਰ ਗਿਆਨ
		ਤ ਤੋਂ ਨ	ਪਹਿਲਾਂ ਅਤੇ ਬਾਅਦ ਵਿੱਚ ਆਉਣ ਵਾਲੇ ਅੱਖਰਾਂ ਦਾ ਚਾਰਟ, ਵਿਚਾਰਵਟਾਂਦਰਾ ਵਰਨਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਵਿੱਚ ਲਿਖ ਕੇ ਪੂਰਾ ਕਰੋ	ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬਬਾਰ ਲਿਖਣਾ	ਪ੍ਰਭਾਵਸ਼ਾਲ ਬੁੱਧੀ,ਫੈਸਲੇਦੀ ਸਮਰੱਥਾ	ਕਾਰਜਸ਼ੀਟ ਅਤੇ ਇਮਲਾ	ਅੱਖਰ ਗਿਆਨ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਸਤੰਬਰ	15	ਕਵਿਤਾ- ਫਲਖਾਓ	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਸਰੀਰਕ ਸਿੱਖਿਆ ਨਾਲ ਏਕੀਕ੍ਰਿਤ	ਵਿਦਿਆਰਥੀ ਫਲ ਖਾਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਹੋਣਗੇ	ਕਵਿਤਾ ਉਚਾਰਨ	ਫਲਾਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣਕਾਰੀ
ਅਕਤੂਬਰ	14	ੳ ਤੋਂ ਨ ਤੱਕ ਅਭਿਆਸ ਕਾਰਜ	ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਉਦਾਹਰਣ ਵਿਧੀ	ਅੱਖਰਾਂ ਨਾਲ ਚਿੱਤਰ ਮਿਲਾਉਣੇ, ਅੱਖਰ ਦੇਖ ਕੇ ਚਿੱਤਰ ਅੱਗੇ ਸਹੀ ਜਾਂ ਗਲਤ ਦਾ ਨਿਸ਼ਾਨ ਲਗਾਉਣਾ, ਚਿੱਤਰ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਲਿਖਣਾ	ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ	ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ, ਇਮਲਾ	ਅੱਖਰ ਗਿਆਨ
ਨਵੰਬਰ	12	ਪ ਤੋਂ ਮ	ਵਰਨਮਾਲਾ ਨਾਲ ਸੰਬੰਧਿਤ ਚਾਰਟ ਅਤੇ ਵੀਡੀਓ	ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਬਣਾਉਣੇ	ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ	ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ	ਅੱਖਰ ਗਿਆਨ
		ਯ ਤੋਂ ਝ	ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਉਦਾਹਰਣ ਵਿਧੀ	ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖਣਾ ਵਰਨਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਲਿਖ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਹੀ ਉੱਤਰ ਤੇ ਨਿਸ਼ਾਨ ਲਗਾਉਣ ਲਈ ਕਹਿਣਾ	ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਆਪਣੇ ਨਾਮ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਦੱਸਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ, ਪੰਜਾਬੀ ਦੀ 35 ਦੇ ਪੂਰੇ ਅੱਖਰਾਂ ਦਾ ਗਿਆਨ	ਕਾਰਜਸ਼ੀਲ ਅਤੇ ਇਮਲਾ ਚਿੱਤਰ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਦੱਸਣ ਦੀ ਯੋਗਿਤਾ ਵਧਾਉਣੀ	ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ ਭੁਲਾਵੇ ਅੱਖਰਾਂ ਦਾ ਗਿਆਨ ਅੱਖਰ ਉਚਾਰਨ ਯੋਗਿਤਾ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਦਸੰਬਰ	16	ਕਵਿਤਾ “ਸੜਕ ਉੱਤੇ” ਸ਼ ਤੋਂ ਲ	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਅੱਖਰ ਉਚਾਰਨ ਵਿਧੀ	ਸਰੀਰਕ ਸਿੱਖਿਆ ਅਤੇ ਕਲਾ ਨਾਲ ਏਕੀਕਰਨ ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖਣਾ	ਆਵਾਜਾਈ ਦੇ ਨਿਯਮਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ	ਮੌਖਿਕ ਕਵਿਤਾ ਸੁਣੀ ਜਾਵੇਗੀ ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ	ਆਵਾਜਾਈ ਦੇ ਨਿਯਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਦਾ ਗਿਆਨ ਅੱਖਰ ਉਚਾਰਨ ਯੋਗਿਤਾ ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ
ਜਨਵਰੀ	10	ਬੁਝਾਰਤਾਂ ਦੋ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਸ਼ਬਦਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਸ਼ਬਦ ਉਚਾਰਨ	ਬੁਝਾਰਤਾਂ ਬੁੱਝਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਹੋਣਾ ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਲਿਖਣਾ, ਮੇਲ ਮਿਲਾਓ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜ੍ਹਨਾ ਅਤੇ ਲਿਖਣਾ	ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਦੋ ਅੱਖਰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜ੍ਹਨ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ	ਬੁਝਾਰਤਾਂ ਬੁੱਝਣਾ ਇਮਲਾ, ਕਾਰਜਸ਼ੀਲ	ਬੁਝਾਰਤਾਂ ਪਾਉਣ ਅਤੇ ਬੁੱਝਣ ਦੀ ਯੋਗਿਤਾ ਸ਼ਬਦ ਉਚਾਰਨ ਯੋਗਿਤਾ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਫਰਵਰੀ	12	ਕਵਿਤਾ “ਸਾਡਾ ਝੰਡਾ” ਤਿੰਨ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ ਸ਼ਬਦਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਸ਼ਬਦ ਉਚਾਰਨ	ਸੰਗੀਤ ਅਤੇ ਕਲਾ ਨਾਲ ਇਕੀਕਰਨ ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਲਿਖਣਾ, ਮੇਲ ਮਿਲਾਓ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜ੍ਹਨਾ ਅਤੇ ਲਿਖਣਾ	ਕੋਮੀ ਝੰਡੇ ਬਾਰੇ ਜਾਣਕਾਰੀ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਤਿੰਨ ਅੱਖਰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜ੍ਹਨ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ	ਮੌਖਿਕ ਕਵਿਤਾ ਸੁਣੀ ਜਾਵੇਗੀ ਇਮਲਾ, ਕਾਰਜਸ਼ੀਟ	ਦੇਸ਼ ਦੇ ਪ੍ਰਤੀ ਪਿਆਰ ਦੀ ਭਾਵਨਾ ਪ੍ਰਗਟ ਕਰਨਾ ਝੰਡੇ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣਕਾਰ ਸ਼ਬਦ ਉਚਾਰਨ ਯੋਗਿਤਾ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜ੍ਹਨ ਦੀ ਯੋਗਿਤਾ

EVS Book Recommended: - Nature Window-1 (Environmental Studies)

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
April	20	L-1 ABOUT ME	Conceptual questioning, modules Live Event	Figure me out	Self-awareness Effective Intelligence Confidence	Oral & Written	Able to express oneself
		L-2 MY BODY	Demonstration videos Play way method	Creative space Rhyme Integrated with Music Simon says Aerobics- Integrated with Physical Education	Self-awareness Critical thinking Effective intelligence	Written	Understanding of different body parts and their functions

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
May	25	L-3 CLOTHES WE WEAR	Story telling method	Creative Space Make mask	Critical thinking Decision making	Written & Discussion	Select clothes wisely (According to seasons)
		L-4 FOOD WE EAT	Explanation through discussion Live examples Demonstration method	Select wisely- Healthy/Unhealthy food items	Reasoning ability Determination Decision making Critical thinking Stamina	Activity & Written	Adapt healthy eating habits
		L-5 SAFETY RULES	Live examples, Conceptual questioning Group Discussion	Creative Space Rhyme Integrated with Music	Decision making Critical thinking	Situation based response & Written	Awareness of Safety Rules and their importance

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
July	15	L-6 CLEAN, FIT AND HEALTHY	Live examples Demonstration method	Story Telling	Awareness Determination Decision making Critical thinking	Assignment	Exhibit healthy life. Adapt healthy habits on daily basis.
		L-7 MY FAMILY	Live examples, Picture chart, situational questioning	Showcase together (Photo frame) Integrated with Art Image Talk	Decision making Problem solving	Oral & Written	To recognize their roles in household chores Able to differentiate different types of families. Able to identify which family do they belong to.

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
August	20	L-8 MY HOME	Inquiry based questioning Explanatory Method	My Dream House (origami)	Critical thinking Decision making	Written	Differentiate different kinds of houses. Recognition of material used to build a house. Knowledge of different rooms of a house and their significance
		L-9 MY NEIGHBOURHOOD	Modules Picture chart Situation based questioning	Call me during emergency Knowledge of different Helpline numbers- Integrated with Physical Education	Reasoning Decision making Interpersonal relationship Sense of responsibility	Assignment	Ready to cope up with adverse situation

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
September	10	L-10 PEOPLE AT WORK	Concept based questioning, Videos, Live examples Explanatory method	Role play	Interpersonal relationship Empathy Sense of responsibility	Oral & written	Inculcation of value of cooperation and to become productive members of the society.
October	15	L-11 MY SCHOOL	Modules Picture chart, Live examples Story Telling Method	Let's explore Our School	Reasoning ability	Written	Familiar with school's values and Motto To take care of School property.
		L-12 LET'S CELEBRATE	Live examples Story Telling Method	Gol Mol (Riddles)	Effective Interpersonal relationship Empathy	Oral & written Assignment	Familiar with Indian culture and rituals

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
November	20	L-13 WORLD OF PLANTS	Live examples, Module Situational based questioning, Explanatory Method	Creative space Rhyme/song Integrated with Music	Sense of responsibility ,	Activity	Role of plants in our life Our responsibility towards nature
		L-14 WORLD OF ANIMALS	Experience based learning	Animal dance Integrated with dance/ Dumb charades Gol Mol (Riddles)	Reasoning ability, Effective intelligence	Oral & Written	To take care of animals

Month	Periods	Lesson	Teaching Aids and Methodology	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
December	10	L-15 MEANS OF TRANSPORT	Real Objects, Live Examples Demonstration	Make Vehicle with Origami sheets Integrated with Art	Critical thinking Reasoning ability	Written	Knowledge of different means of transport
January	10	L-16 IN THE SKY	modules, Live Examples, Concept based questioning	My own planet (with clay)	Critical thinking Reasoning ability	Written	Knowledge of different heavenly bodies and its significance
February	10	L-17 OUR EARTH	Picture chart Group Discussion Explanatory Method	Search to win	Effective intelligence Sense of Responsibility Reasoning ability Decision making	Written & Activity	How to contribute to make it green and Clean

SUBJECT - MATHEMATICS

Book :Together with e Mathematics Buzz!! – 1

CLASS – 1

SESSION – 2025-26

Month	Periods	Lesson	Teaching aids & methodologies	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
April	20	Formation of digits (0-9)	Activity method	Sticky bindis	Organising Ability	Oral Activity.	Students will be able to do quick calculation.
		Tables -2-6	Multiplication table wheel Activity method	Match the clouds to the drops.	Quickness of decision.		
		Number names (1-100) Number names (101-130)	Denomination of Indian Currency. Explanation, Discussion and Interaction Hands on Learning	Colour the cloud to match the number with its number name.	Organising Ability initiative Brain storming	Word Search(Puzzle)	To build an understanding of Formation of numbers.
		Unit-1 Pre- number concepts	Live examples with Real objects Play way method.	Virtual Reality Clay Activity INTEGRATED WITH ART- CONCEPT OF ON AND UNDER, TOP AND BOTTOM.	Effective intelligence Creativity	Activity	Apply the concept in real life.
		Unit – 2 Playing with Numbers (upto20)	Role play game Group discussion	INTEGRATED WITH PHY. FDU. ORDINAL NUMBER GAME	Knowledge, Understanding, Application in day to day life	Assignment Worksheet	Students will be able to - recognize Ordinal Numbers in their surroundings. Differentiate between cardinal and ordinal number.

May	25	Number names (131-170)	<p>Modules</p> <p>Random questioning.</p>	Match the number name with numeral.	Quickness of decision	Worksheet	Students will be able to understand the numbers in numerals and in words.
		Unit – 4 Playing with Numbers (21 to 50)	<p>Number cards</p> <p>Illustration</p> <p>Explanation through daily life.</p>	<p>Fun Activity</p> <p>Number Game</p> <p>Bingo Game</p>	Reasoning ability	<p>Mental Maths</p> <p>MCQ</p>	To under the concept of counting steps.
		Unit – 6 More about Numbers (51-100)	<p>Abacus</p> <p>Demonstration</p> <p>Discussion by taking examples from daily life.</p>	<p>INTEGRATION WITH MUSIC-</p> <p>Skip counting activity.</p> <p>Colouring activity.</p> <p>.</p>	Co-relate and complete the series	<p>Mental Maths</p> <p>Assignment</p>	Students will be able to understand the concept of place value.
June			Summer Vacation				

July	15	Number names (171-200)	Explanation method Discussion	Flash cards.	Effective intelligence	Worksheet.	Students will be able to read and write the numbers.
		Unit - 3 Addition and Subtraction (upto20)	Real objects Discussion through activity. Flash cards Beads activity. Illustration by giving real life examples.	Pick and add activity INTEGRATED WITH ART DRAW DIFFERENT OBJECTS FOR ADDITION.	Quickness of decision	Assignment	Students will be able to add quickly.
		Unit -5 Addition and Subtraction (21 to 50)	Explanation through examples from daily life	Activity Rolling the dice Mental maths	Self confidence	Worksheet	Students will be able to add /subtract quickly.

August	20	Table of 7 & 8 Number names (201-250)	Multiplication table chart Random questioning. Stress on tables. Story on number names	Drilling method activity Identify the numeral Activity	Reasoning ability Effective intelligence	Dodging tables Assignment	Students will be able to do quick calculation. Students will be able to read and write the numbers.
September	15	Unit – 7 More about Addition and Subtraction (0 to 99)	Stories on word problem Explanation through examples from daily life	Secret code activity.	Brain storming QUICKNESS OF DECISION	Mental Maths	Students will be able to understand the process of give and take. Conceptual understanding Problem solving attitude

October	15	Tables 2-10	Multiplication table chart	Dodging tables	Reasoning ability	Dodging tables	Quick calculation.
			Module				
		Number names (251-300)	Explanation method	Active participation of students.	Effective intelligence	Worksheet	Students will be able to apply the knowledge of numbers in virtual life.
		Unit -8 Multiplication by repeated addition	Real objects Discussion through activity Illustration by giving real life examples.	Multiplication flower activity. INTEGRATED WITH MUSIC- Table song	Organising ability Creativity skills	Mental maths	Students will be able to correlate between addition and multiplication

November	20	Table -11	Multiplication table chart	Drilling method activity	Knowledge	Oral activity	Quick calculation
		Number names (301-350)	Module Random questioning	Pick the correct cards.	Understanding	worksheet	Students will be able to understand the numbers in numerals and in words.
		Unit -9 Measurement	Real objects Metre scale, Beakers, Weighing machine. Hands on learning & Group Discussion	Balancing Game Virtual reality Which vessel holds more. INTEGRATED WITH PHY. EDU By measuring Height and Weight.	Reasoning ability Initiative STAMINA LIVELINESS	Hand span activity Activity to measure weight of family members.	Students will be able to measure the length and weight of different objects.

December	20	Table -12	Multiplication table chart Drilling method	Dodging tables.	Organizing ability	Work sheet	Students will be able to understand the numbers in numerals and in words.
		Number names (351-380)	Explanation method	Assignment			
		Unit-10 Shapes and Pattern	Wooden 3D shapes Group Discussion Role play	Two is enough. Verli art. INTEGRATED WITH ART- Use different cuttings and make new patterns. Video show on Topic- Rolling and Sliding by students.	Reasoning ability Brain Storming EFFECTIVE INTELLIGENCE Logical and Critical thinking.	Brain storming questions.	Students will be able to - differentiate between 2D &3D shapes. Apply the knowledge of 2D shapes in real life.
		Unit -11 Time and Calendar	Real objects Clock, Calendar Hands on learning. Use of clock to read the time	Tick Tock Activity. To find the important days by using calendar.	INITIATIVE Knowledge.	M C Q	Students will be able to read time and able to create their own clock.

January	15	Number names (381-400)	Modules Flash cards	Discussion by taking examples from daily life	Reasoning ability Quick decision	Discussion	Able to spell the numbers.
		Unit-12 Money	Denomination of Indian currency	Lets go for shopping. How genius you are?	Self confidence Reasoning Ability Critical thinking.	Oral questioning. Worksheet	Students will be able to understand to apply in day to day dealing.
February	20	Unit-13 Data Handling	Real objects Arrange the things of bag in the form of data.	INTEGRATED WITH ART-Pictorial representation of data. Video show by students on Topic- Data Handling	Organising ability Reasoning Ability	Worksheet Project work	Able to interpret the information.

MONTH	PERIOD	LESSON	TEACHING AIDS AND METHODOLOGIES	ACTIVITIES (BASED ON EXPERIENTIAL LEARNING)	SKILLS	ASSESSMENT	LEARNING OUTCOMES
April		*Natural and Man Made Things *I Know Colours *Plants and Their Types *Jungle Buddies *What You See in the Sky *Computer and Its Parts	*ICT Modules *Flashcards	*Nature Walk *Colour hunt *Riddles *Quiz	*Awareness	*Name them *Identify *Random Questioning	Students will learn about - natural and man made things -types of plants -different animals -vocabulary -different parts of computer
May		*Gadgets and Machines *Festivals We Celebrate *Monuments to Visit *National Symbols of India *Tasty Dishes of the world *Tour of the World *Cartoons We Like	*ICT Modules *Flashcards *Discussion *Interactive session	*Gadget zoo *Festival vocabulary *Interactive Activities *Let's do and learn *Food group sorting	*Cleanliness *Global awareness *Science Literacy	*Random Questioning *Assessment Test	-hygiene -commonly used gadgets -names of different festivals -National symbols of India -famous monuments and places -different cartoon characters
July		*Make a Paper Chicken *Games we love to play *Sports and Sport Stars *Let's Recite Rhymes *Greet in Different Languages	*Explanation *Interactive Session *Discussion	*Let's Do and Learn *Flashcards *Pictionary *Role Play	*Creative Thinking *Cultural Literacy *Teamwork	*Assessment Test *Quiz	-different outdoor games -characters of poems -different languages

August		<ul style="list-style-type: none"> *Geometrical Shapes *Pick the Odd One *Grouping 	<ul style="list-style-type: none"> *ICT Modules *Discussion *Interactive session 	<ul style="list-style-type: none"> *Let's Find Out *Pictionary 	<ul style="list-style-type: none"> *Information Literacy *Problem Solving 	<ul style="list-style-type: none"> *Assessment Test 	<ul style="list-style-type: none"> -reasoning -different geometrical shapes
September		<ul style="list-style-type: none"> *Good Touch, Bad Touch *Safety at Home *Care for Environment *Say' No' to Plastic 	<ul style="list-style-type: none"> *ICT Modules *Discussion *Interactive session 	<ul style="list-style-type: none"> *Creative talk *Role play 	<ul style="list-style-type: none"> *General Awareness *Sense of responsibility 	<ul style="list-style-type: none"> *Random questioning *Tick the correct option 	<ul style="list-style-type: none"> -good touch, bad touch -safety rules - their responsibility towards environment
October		<ul style="list-style-type: none"> *Vegetables and Fruits *How to Brush Teeth *Houses we live in *Our Helpers *Teeny – weeny Insects 	<ul style="list-style-type: none"> *ICT Modules *Discussion *Interactive game 	<ul style="list-style-type: none"> *Let's do and learn *Role play *Flashcards 	<ul style="list-style-type: none"> *Self Awareness *Vocabulary *Spatial Awareness 	<ul style="list-style-type: none"> *Assessment test 	<ul style="list-style-type: none"> -different types of houses -different fruits and vegetables -our helpers -different types of insects
November		<ul style="list-style-type: none"> *Birds Around Us *Handy Tools *Weather and Season *Traditional Indian Dresses *Great People of India *Major Religions in India 	<ul style="list-style-type: none"> *ICT Modules *Discussion *Interactive session *Explanation 	<ul style="list-style-type: none"> *Flashcards *Nature Walk *Draw and Paint *Story Telling 	<ul style="list-style-type: none"> *Global Awareness *Creativity *Cultural Literacy 	<ul style="list-style-type: none"> *Quiz *Identify *Group Discussion 	<ul style="list-style-type: none"> -different types of birds -different tools to do different tasks -weather and seasons -freedom fighters -different religions and traditional dresses of India

December	<ul style="list-style-type: none"> *World Continents *Famous Persons of the World *Make a rangoli *Dance to these tunes *Sports Equipment *Outdoor and Indoor games 	<ul style="list-style-type: none"> *ICT Modules *Discussion *Explanation 	<ul style="list-style-type: none"> *Let's Do and Learn *Fun with colours 	<ul style="list-style-type: none"> *Global awareness *Information literacy 	<ul style="list-style-type: none"> *Assessment Test *Quiz 	<ul style="list-style-type: none"> - types of sports equipment - colour and shape recognition - teamwork
January	<ul style="list-style-type: none"> *Gender *Fairy Tales *Spatial Understanding *Find the Pattern *Analogy *Let's Understand Money 	<ul style="list-style-type: none"> *Explanation *Discussion 	<ul style="list-style-type: none"> *Find Your Match *Let's Do and Learn *Shopping spree 	<ul style="list-style-type: none"> *Problem Solving *Mathematical skills 	<ul style="list-style-type: none"> *Assessment Test *Tick the correct option 	<ul style="list-style-type: none"> - 'HE' and 'She' words - the difference between real and imaginary world - position words - recognition and identification of basic patterns
February	<ul style="list-style-type: none"> *Clean and Tidy *We Need Water *Let's Begin with Yoga 	<ul style="list-style-type: none"> *Informative Discussion *Story Telling 	<ul style="list-style-type: none"> *Let's Do and Learn *Creative talk *Hands on tasks 	<ul style="list-style-type: none"> *Social skills *General Awareness 	<ul style="list-style-type: none"> *Group Discussion *Tick the correct option *Match the columns 	<ul style="list-style-type: none"> - oral hygiene - judicious use of water - importance of health

Syllabus - Class I

(Session 2025-2026)

COMPUTER

Books Recommended: TOUCHPAD (Plus Ver. 4.0)

Month	Periods	Lesson	Teaching aids & methodologies	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
APRIL	8	Lesson-1 Computer-A Machine	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction to various parts of computer ❖ Handling of mouse	❖ Introduction to various parts of computer ❖ Difference between Natural and human – made things	Practical Assessment	Students will able to handle the mouse
MAY	8	Lesson-2 Uses of a Computer	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Draw different shapes in Paint Brush ❖ Typing different alphabets & numbers by using Keyboard	❖ Uses of computer at different places	Practical Assessment	Students will able to handle the mouse & Keyboard
JULY	8	Lesson-3 Parts of a Computer	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction to other parts of a computer ❖ Typing of Fruits name & Vegetables name ❖ Draw Hut, Candle & Balloon by using mouse	❖ Effective use of mouse	Practical Assessment	Students will be able to use the mouse properly.
AUGUST	8	Lesson-4 The Keyboard & the Mouse	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Typing Paragraph on My School & My bottle in Notepad ❖ Draw Tree , Train & Monitor in Paint Brush	❖ Learn the functions of special keys ❖ Learn different Mouse actions	Practical Assessment	Students will able to know the difference between the single click & double click Know about the special keys of the keyboard

BCM SCHOOL CHANDIGARH ROAD

A SENIOR SECONDARY SCHOOL, AFFILIATED TO CBSE

NEW DELHI, SECTOR 32-A, LUDHIANA

ART & CRAFT SYLLABUS FOR THE SESSION

(2025-26)

	PERIOD	LESSON/ACTIVITY/ PROJECT	TEACHING METHODOLOGY	INTEGRATION WITH SUBJECT	SKILL	LEARNING OUTCOME
April	8	3 Curly hair 4 Fish 5 Hen 6 Baby elephant Visual Art - Lines	Demonstration Method	With English Handprint Art With Maths Concept of On/Under & Top/Bottom	Thinking & Observation skills	Hand ,Eye coordination & Innovative thinking
May	8	7 Balls 8 Happy janamashtami 9 Parrot 10 Fish Visual Art - Shapes	Demonstration Method	With Hindi Draw & colour a Balloons With English Bird with Feathers With Evs Draw & colour a Mask	Creativity skills	Shapes Identification
July	8	11 Cat 12 Apple 13 Ostrich Visual Art – Ashok Chakra	Demonstration Method	With Evs Photo Frame With Maths Objects for Addition	Creativity skills	Understanding National Symbol
August	8	14 Bird 15 Happy Father's Day 16 Beautiful House 17Penguin Visual Art – National Flag	Demonstration Method	With English Draw & colour a Peacock With Evs My Dream House (Origami)	Creativity skills	Understand the importance of National Flag

September	8	18 Telephone 19 Christmas Tree 20 Landscape	Demonstration Method	With Hindi Colours Recognition	Imagination skill	Imaginative Craft skills
October	8	21 Watermelon 22 Rocket 23 Happy Teacher's Day 24 House	Demonstration Method	With Hindi & English Butterfly (Thumb Impression)	Observation skills	Life skills reuse of waste material

November	8	25 Object Drawing 26 Leafy Creations 27 Boat 28 Object Drawing	Demonstration Method	With Hindi Draw & colour a Fish With Punjabi Draw & colour a Traffic Lights	Creativity skills	Developing Creativity
December	8	29 Object Drawing 30 Holi 31 Raksha Bandhan	Demonstration Method	With Maths Draw & colour a Pattern With Evs Make Vehicle with Origami	Creativity skills	Identify and Draw the pattern with different colour of sketch pens.
January	8	32 Tortoise 33 Butterfly 34 Elephant	Demonstration Method	With English Any five things you see in the sky	Creativity skills	Affinity with Nature Drawing with Visual cues
February	8	35 Pineapple 36 Frog	Demonstration Method	With Punjabi National Flag With Maths Pictorial Representation	Imaginative craft skill	Encouraging creativity

CLASS 1**MUSIC VOCAL SYLLABUS**

MONTH	PERIODS	TOPIC	TEACHING METHODOLOGY	INTERGRATION WITH OTHER SUBJECTS	SKILL	LEARNING OUTCOME
APRIL	10	Gayatri Mantra+ Geet & Flowers in the garden	Repetition	Punjabi poem ARDAS	SPIRITUALITY AND LOVE FOR SCHOOL SELF CONFIDENCE AND LIVELINESS	Worship of God LEARN FUNCTIONS OF THE BODY PARTS
MAY	10	Bhajan KABHI RAM BANKE And 1 st alankar	Repetition	EVS – safety rules	Develop reasoning	Rules of road safety
JULY	10	Alankars – 1-2 and bhajan		HINDI – CHUM CHUM JAG GYI STORY BASED SONG	ORGANISING ABILITY	Creativity
JUNE	SUMMER VACATIONS					
AUGUST	10	PATRIOTIC SONG NANHA MUNNA RAHI HOON	BY USING PROPS	English- Five Little monkeys.	SENSE OF RESPONSIBILITY	Will enjoy the rhyme.
SEPTEMBER	10	Bhajan – prabhu ese baso		-	Social Adaptability	Learn sprituality
OCTOBER	10	Diwali Song- aaj Diwali ka hai	With actions		EMOTIONS -	To know love of festivals And mother

NOVEMBER	10	Children Day songs- Nani teri morni	Verbal actions	Evs- song on plants	REASONING	Learn about nature
DECEMBER	10	CHRISTMAS SONG	REPITITION		POWER OF EXPRESSIONS	Learn the imp of the day
JANAURY	10	WELCOME SONG- We welcome you	REPITITION	Eng-Rain	POWER OF EXPRESSION	Learn about nature
FEBRUARY	10	Revision of whole syllabus		Pbi- Sadda jhanda	SOCIAL ADAPTABILITY AND COOPRATION	DEVELOP PATRIOTISM

Dance Syllabus Class 1st

Month	Periods	Lesson/activity	Teaching methodology	Integration with Subjects	Skill	Learning outcomes
April	4	Basic Bollywood dance steps Integration related activity	By playing audio and showing the steps	Subject: Hindi Topic: कविता बिल्ली. Subject: English Topic: poem two little hands.	Fun exercise	Learning basic steps of dance
May	4	Bam bam bole song Integration related activity	By showing the steps and related videos		Rejuvenating activity	Learn freestyle dance moves
July	4	steps with clapping	With the help of music.		To build confidence in students to perform	Flexible and active body movements
August	4	Bollywood dance with zoobi doobi song	Demonstrating the steps with the audio			

					ability to do energetic steps	Learn fun way of performing dance.
September	4	Revision
October	4	Galti se mistake	With the help of music giving demo of steps		Learn different steps of dance	Learning freestyle dance moves
November	4	jump and dance steps.	By playing audio and showing the steps	Subject: English Topic: poem fruits for all Subject: EVS Topic: Animal dance	Fun activity with healthy exercise	To improve overall body coordination and balance
December	4	Nani teri morni poem song dance steps. Integration related activity	Demonstrating the steps with the Music	Subject: Hindi Topic: कविता बिल्ली और दिल्ली Subject: English Topic: poem recitation with Action.	Relaxing activity for students	Boosting confidence in students to show talent on stage

January	4	Dance with lakdi ki kathi dance	Demonstrating the steps with the audio		Physical relaxation with entertainment	To make body fit and healthy
February	4	All is well song	By playing audio and showing the steps		Learning new moves in dance	Ability to perform in front of others

MONTH	PERIOD	LESSON/ACTIVITY/ PROJECT	TEACHING METHODOLOGY	INTEGRATION WITH SUBJECT	SKILL	LEARNING OUTCOME
April	8	*Walk Different Pathways *Aerobics Exercise *Hopscotch *Ordinal Number Games	Demonstration (By Part &Continue)	Aerobics (EVS) Hopscotch (Is, Am, Are) (English) Ordinal Numbers (Math)	Flexibilities	Improve Flexibilities and Coordination Through Aerobics
May	8	*Obstacle Race *Hopping with Action Words *Walk on balance beam with object *Circuit Training	Demonstration (By Part &Continue)	Hop a Little(English)	Endurance, Coordination & Speed	Enhanced Physical Fitness
July	8	*Rhythmic Exercises *Hurdle Race *विलोम शब्द *Toss and Catch with Bean Bag	Demonstration (By Part &Continue)	विलोम शब्द (हिन्दी)	Endurance	Increase Strength
August	8	*March Past *Callisthenics *Frog Jump Race * ਕਵਿਤਾ - ਫਲ ਖਾਓ	Demonstration (By Part &Continue)	Knowledge of emergency numbers (EVS) ਕਵਿਤਾ - ਫਲ ਖਾਓ(Punjabi)	Speed and Co- ordination	Develop Muscles Co- ordination

September	8	*Yoga *Personal Hygiene *Kho-Kho * Spoon race	Demonstration (By Part &Continue) Lecture Method		Flexibilities	Develop Self Care Skills
October	8	*Circuit Training *Exercises with Hula Hoops *Physical Exercises *Hopscotch	Demonstration (By Part &Continue)	Hopscotch (was, were) (English) आदत सुधर गई खेल सम्बन्धी नियम (हिन्दी)	Speed Endurance	Improve Strength and Flexibility
November	8	*Basketball Dribbling *Games with Counting *Basketball Passing *ਕਵਿਤਾ - ਸੜਕ ਉੱਤੇ	Demonstration (By Part &Continue)	ਕਵਿਤਾ - ਸੜਕ ਉੱਤੇ (Punjabi) गिनती (हिन्दी)	Flexibility	Motor skill development (coordination, balance, agility)
December	8	*Relay race *Ball Relay *Standing Kho-Kho *Hopscotch	Demonstration (By Part &Continue)	Hopscotch(Has, Have) (English)	Coordination	Improve Stability and Coordination

January	8	*Running activity *Balance activity *Frog Race *Standing Broad Jump	Demonstration (By Part &Continue)		Speed	Improve Stability and Coordination
February	8	* Run, Pick &Place *Co-operative Game for Fitness *Action words *Throw At the Target	Demonstration (By Part &Continue)	Action Words (English)	Strength	Develop Agility, Strength, Balance, And Flexibility

BCM SCHOOL
A SENIOR SECONDARY SCHOOL
SECTOR 32-A, URBAN ESTATE, CHD. ROAD, LUDHIANA
JUNIOR LIBRARY
ACTIVITIES 2025- 26
Class I

SR.NO.	MONTH	ACTIVITIES	LEARNING OUTCOMES
1	April	Introduction of library, Knowledge about library rules	They will know about library rules
2	May	Word games/ book reading (Read aloud)	To enhance the reading, listening and speaking skills. Students vocabulary will be improved
3	July	Story telling / book reading / Words of the day	Students will learn moral values Students will have awareness about traffic rules. According to CBSE Reading mission teacher will narrate the story.
4	August	Book reading / Riddles	Riddles can support children's problem solving logic and critical thinking skills.
5	September	Traffic rules/ Story time	Students will have awareness about traffic rules. According to CBSE Reading mission teacher will narrate the story.
6	October	Festivals of India (activities related festivals)	Students will know about different festivals of India
7	November	Knowledge of indoor & outdoor games (Quiz)	Students will learn about indoor and outdoor games
8	December	Story time , Quiz on national symbols	Students will learn moral values and nation.
9	January	Quiz related swadesh manthan (Punjab) Introduction of e – books.	Students will gain knowledge about states. Students will come to know about National digital library scheme.
10	February	Final exam	